



BEXLEY BEAVERS

Making swimming accessible for disabled people and their families since 1967
Bexley Beavers is a Registered Charity. Charity Number: 1156520

NEWSLETTER – NOVEMBER 2016



On Friday 19th August, John Lewis Community Matters Scheme kindly presented us with a cheque for £1045. Thanks to John Lewis and to our members and their friends who supported us with tokens in Bluewater.

We would also like to thank all the people who have donated to us over the past year November 2015 to November 2016 :-

- Friends for Bexley
- ASDA
- Welling Round Table
- Townley Grammar School – cake sale
- St. Stephen's and St. John Vianney's Confirmation Groups – sponsored swims

Revival Community Music Café

The Revival Community Music Café was opened in August by Mind in Bexley and offers good quality direct trade coffee, homemade cakes as well as a selection of drinks, sandwiches and snacks. The Café can also cater for events and business lunches.

We want our café to be a real part of the Bexley community supporting local people by sourcing our food locally where possible from local farms, the Mind in Bexley allotment and local bakers. Our speciality coffee is sourced through Union Direct Trade who work with farmers, long-term, to improve the coffee and their livelihoods.

We are also offering local people recovering from mental health issues opportunities to gain skills and work experience and aim to be a hub of local information and support initiatives. The space is also available for local groups to meet, from breastfeeding or book clubs to knitting or art and we'd love to hear from established or new DJ's wanting to spin some of their own vinyl. So please, enjoy our café, give us feedback and spread the word!

<https://www.facebook.com/revivalmusiccafe/>



Your Trustees

CELINE OLSZOWKA - CHAIR
NORMAN LEACH – TREASURER
THELMA MORITO – SECRETARY
CHRIS DEERING –SAFEGUARDING OFFICER
PARAIG MCGOVERN _ WEBMASTER
MICK SADLER
DAVID SADLER
HELEN AMBROSE
EILEEN CASEY
ANDREW RIDLEY
LEAH PREUDHOMME

Lifeguards

CHRIS DEERING
SAMANTHA MORITO
JAAN CLARKE
MICK SADLER
DAVID SADLER
NORMAN LEACH
MICHELLE JACKSON

DATES FOR YOUR DIARY

Christmas Raffle: December 16th 2016. We will need raffle donations and we will encourage members to sell raffle tickets in November.

Sponsored Swim : First Friday in July.

Reminder for 2017: Next year is our 50th anniversary and we urge members to support us in all our fundraising and events to mark this occasion. Do you know anyone who is doing an event that can be sponsored and would they consider us?

We hope to soon be able to inform members regularly of events via a mailing list. Please remember to hand in your new membership forms including your email addresses.

If you have interesting news, personal achievements or any helpful information you would like to share please email us via the website www.bexleybeavers.org or see us at the desk on Fridays.

CHARLTON ATHLETIC FOOTBALL CLUB - DISABILITY FOOTBALL SESSIONS

Held at Crook Log every Wednesday - Just turn up for further details on how to take part.

Ages 5- 11 years from 5.30 to 6.15pm

Ages 11-16 years from 6.15 to 7pm

Cost £40 for the whole year and new members are needed especially for younger age group. You can use Direct Payments to pay.

Friends for Bexley Charity Shop

Friends for Bexley is a Community Interest Company located at 43 Pickford Lane and sells donated goods for the benefit of local groups.

We have received substantial donations over the past three years which has made an enormous difference to our charity.

If you have good quality unwanted goods then please consider donating to Friends for Bexley.

A big thank you to them for their support of Bexley Beavers over the years.

BEXLEY BEAVERS CONTACT DETAILS

Website: www.bexleybeavers.org.uk

Phone: 020 3393 8305

Email: info@bexleybeavers.org.uk

Twitter [@BexleyBeavers](https://twitter.com/BexleyBeavers)